



THE PENTLAND HOTEL

## Lunch Menu

### Starters

<b>Soup of the Day</b>		<b>£ 3.95</b>
<b>Salmon Fishcake</b>	<i>Served with a side salad</i>	<b>£ 4.95</b>
	<i>Served with chips</i>	<b>£ 6.95</b>
<b>Three Cheese Tartlets</b>	<i>Served with a red onion relish</i>	<b>£ 4.95</b>
	<i>Served with chips</i>	<b>£ 6.95</b>
<b>White Bait</b>	<i>Served with tartar sauce and a slice of lemon</i>	<b>£ 4.50</b>
	<i>Served with chips</i>	<b>£ 6.45</b>

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### Mains

<b>Beer Battered or Breaded Haddock</b>	<i>served with salad and chips.</i>	<b>£ 11.95</b>
<b>Beer Battered or Breaded Chicken Fillets</b>	<i>served with salad and chips.</i>	<b>£ 10.75</b>
<b>Scampi</b>	<i>served with salad and chips.</i>	<b>£ 12.95</b>
<b>Chicken Curry</b>	<i>served with naan bread and boiled rice. (GF upon request)</i>	<b>£ 9.95</b>
<b>Vegetable Curry</b>	<i>served with naan bread and boiled rice.</i>	<b>£ 9.95</b>
<b>Pie of the Day</b>	<i>served with vegetables, potatoes or chips.</i>	<b>£ 11.95</b>
<b>Cheese &amp; Bacon Burger</b>	<i>served with salad and chips.</i>	<b>£ 11.95</b>
<b>Grilled Goats Cheese (GF upon request)</b>		<b>£10.95</b>
<i>with salad, balsamic dressing and granary bread</i>		

All prices are inclusive of VAT

If you are in a hurry please convey your wishes to our waiting staff

**Pasta** – All served with Garlic bread.

**Lasagne** Served with salad, chips and coleslaw **£ 10.95**

**Macaroni Cheese** Served with salad, chips and coleslaw **£ 8.50**

The below dishes can be prepared with linguine, spaghetti or penne.

**Pasta Carbonara** **£ 8.95**

With pancetta in a garlic and cream sauce

**Pasta al Ragu Bolognese (GF upon request)** **£ 8.95**

Traditional Bolognese sauce made with beef mince

**Pasta with Spicy Chorizo and Tomato Sauce (GF upon request)** **£ 8.25**

**Pasta al Salmone Affumicato e Rucola (GF upon request)** **£8.95**

Smoked salmon with rocket and crème fraiche

**Pasta with Tomato and Basil Sauce (GF upon request)** **£ 7.50**

**Pasta Pesto Primavera (GF upon request)** **£ 8.50**

Creamy pesto with seasonal vegetables

**Pasta Aglio (GF upon request)** **£ 7.50**

Garlic, chilli peppers, cherry tomatoes and virgin olive oil

Add Prawns or Chicken for £1.95

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**Salad** - Seasonal mixed leaves with homemade coleslaw, potato salad & granary bread  
(GF upon request)

	<b>Small</b>	<b>Large</b>
<b>Poached Salmon</b>	<b>£ 6.95</b>	<b>£ 10.95</b>
<b>Smoked Salmon</b>	<b>£ 6.95</b>	<b>£ 10.95</b>
<b>Prawn Marie Rose</b>	<b>£ 6.95</b>	<b>£ 10.95</b>
<b>Roast Caithness Beef</b>	<b>£ 6.95</b>	<b>£ 10.95</b>
<b>Ham and Pineapple</b>	<b>£ 6.95</b>	<b>£ 10.95</b>
<b>Chicken</b>	<b>£ 6.95</b>	<b>£ 10.95</b>
<b>Cheddar Cheese, Brie &amp; Red Onion Jam (v)</b>	<b>£ 5.95</b>	<b>£ 8.95</b>
<b>Tuna Mayonnaise</b>	<b>£ 5.95</b>	<b>£ 8.95</b>

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**Soup and Sandwich** (GF upon request) £ 6.95

All options can be toasted or served on white or brown bread

**Sandwich only** £ 4.50

All options served with a side salad and potato crisps

Egg Mayonnaise	Cheese & Pickle
Ham & Tomato	Tuna Mayonnaise
Salmon Mayonnaise	Sweet Chilli Chicken
Roast Beef with Horseradish	

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**Jacket Potatoes** (GF upon request)

<b>Cheese and Coleslaw</b>	<b>£ 6.95</b>
<b>Baked Beans and Cheese</b>	<b>£ 6.75</b>
<b>Prawn Marie Rose</b>	<b>£ 7.95</b>
<b>Tuna Mayonnaise</b>	<b>£ 7.25</b>
<b>Sweet Chilli Chicken</b>	<b>£ 7.50</b>

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**Panini, Ciabatta & Wraps** (GF upon request) £ 6.95

All options served with chips and coleslaw

**Grilled Cheese and Red Onion** (Mozzarella and Cheddar)

**Roasted Peppers, Mozzarella and Pesto**

**Tuna Melt**

**Tuna Mayonnaise with Red Onion**

**Ham, Brie & Pineapple**

**Chicken, Cranberry and Mozzarella**

**Grilled Cheese and Bacon**

**Shredded Duck with Hoi Sin Sauce and Mozzarella**

**Side Dishes**

<b>Garlic Bread</b>	<b>£ 1.95</b>
<b>Cheesy Garlic Bread</b>	<b>£ 2.95</b>
<b>Curly Fries</b>	<b>£ 1.95</b>
<b>Sweet Potato Fries</b>	<b>£ 1.95</b>
<b>Chips</b>	<b>£ 2.50</b>
<b>Onion Rings</b>	<b>£ 1.95</b>
<b>Side Salad</b>	<b>£ 1.95</b>

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